

## REGULATION | CiiEM Star Student Program

Data | 05/02/2020

Revisão | 00

Código | R.EM.CiiEM.04

### I. Preamble

The CiiEM STAR Student (Science Training and Advanced Research) Program is a competitive program aiming to empower students with foundations in research excellence. Students accepted into the program - Student Researcher - are entitled to a set of advantages throughout their academic path.

#### Article 1

##### Students Research Opportunities

1. Egas Moniz students have plenty of opportunities available for getting involved in Research. The most important step in the process is to connect with a faculty mentor. This page is designed to help you do that! Generally speaking, the best time to focus on a research project is throughout the academic year, and with extra forcing July and September, since you have plenty of time to do so. However, you can get involved with research at any time during your education.
2. Preferably, CiiEM will promote themes that have been approved in the last CiiEM Investiga contest are available in <https://ciiem.egasmoniz.edu.pt/media/96171/Tabela-CiiEM-Investiga-2018.pdf>. CiiEM will also consider new themes but within the scope and strategic plan of the center.

#### Article 2

##### Scope and Objectives

1. CiiEM STAR Student (Science Training and Advanced Research) is a competitive program which provides stipends for students to conduct research throughout the academic year and during his/her major course.
2. Students may choose a research mentor (please note that a maximum of 1 student will be chosen per mentor). Research mentor will be responsible for sharing knowledge and skills, overseeing the trainee's work, helping the trainee to make

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contact with other researchers and assisting with career counselling. The trainee reciprocates by providing work hours and a fresh perspective for the mentor, and taking a proactive role in learning, developing and landing a job.

3. In addition to research, students will attend weekly didactic sessions that will cover topics such as research methods, statistics, research integrity, ethics, protection of human subjects, proposal preparation, among others. Students are required to attend at least 6 of the 8 weeks (between February and July and September of each academic year).
4. In the ending of the academic year, each student will write and submit an abstract about the course of his/her program. Finally, students are mandatory to present their research in one of the required didactic sessions:
  - CiiEM International Congress;
  - National or International Congress of its Domain.

### Article 3

#### Participation

The advantages of student participation in the CiiEM STAR Student Program are:

- Research skills - learning how data collection and analysis should be done, as well as presenting research findings and scientific writing
- Time management and organization - learn how the project you are participating can best overcome difficulties and reduce wait times
- Teamwork - work with the other Student Researchers to coordinate the project, and use your strengths to help each other
- Professionalism - you will be taken seriously in this role and be able to collate data in a professional manner
- Critical skills - critical thinking will be valued and stimulated. Thus, you will be encouraged to think of the difficulties, ways to overcome the difficulties in order to reach the best possible solution under the circumstances.
- Ability to learn and adapt - Learn how to improve your research skills and learn new ways to conduct and analyze research.

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- Presentation skills and confidence - present your research findings to other staff and students effectively

### Article 4

#### Eligibility criteria

1. At the time of enrollment, the student must meet each of the following requirements:
  - Be enrolled in a major at the Egas Moniz Higher Institute of Health Science (University) or at the Egas Moniz Higher School of Health (Polytechnic)
2. The selection of trainees is based on the ability demonstrated by the candidates and the weighting of the admission grade to Egas Moniz and the average of the grades of the year or completed curriculum years. Applicants must be students who have completed at least one year of study at the time of enrollment in the program. Students must commit to at following a specific training program with compulsory seminars at Egas Moniz and to spread its work through Congresses and Peer-reviewed Journals (whenever possible). According to the requirements, students must be permanent resident citizens in Portugal. Selection is based solely on merit.
3. Students are expected to:
  - Prepare an abstract of the research project
  - Prepare an oral presentation of their work at the end of the program
  - Attend mandatory seminars and career mentoring sessions
  - Complete all program requirements

### Article 5

#### Deadline

The deadline for submissions is: from 1 to 31 of March of each year, with respect to the next academic year of interest.

### Article 6

#### Students receive

1. Students receive a 3% discount in the last year, on the course fee participation if:

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- Achieved 100% attendance to the mentoring and seminars;
  - Presented, at least, one research work (abstract or oral communication) as the first author in the abovementioned scientific events (CiiEM International Congress or National/International Congress of the Domain).
2. Moreover, for outstanding achievements, students can also receive:
- 2% extra on the course fee in the last year, if co-authorship of a published/accepted peer-review article within the program year.
  - 2% extra on the course fee in the last year, as the first author of a published/accepted peer-review article within the program year.

### Article 7

#### Rules

1. Participants shall be a current Egas Moniz student, with the university taxes on time.
2. Applications must be submitted until 23:59 of March 31.
3. Students must be a permanent resident citizen in Portugal.
4. During the application and the training programme, letter(s) of recommendation from family members are not allowed, nor may he or she select a family member as a mentor. Failure to follow this rule will result in the student exclusion from the EM STAR Student programme.
5. The standard monetary benefits of this programme will be applied in the last year.

### Article 8

#### Application

1. Application available in CiiEM website;
2. Personal Statement: No more than 500 words, single-spaced, 11-point font, with header and footer indicating your name and page number (Page X of Y) and send to [inesgomes.ciiem@egasmoniz.edu.pt](mailto:inesgomes.ciiem@egasmoniz.edu.pt)
3. Curriculum vitae: Please add header and footer indicating your name and page number (Page X of Y) and send to [inesgomes.ciiem@egasmoniz.edu.pt](mailto:inesgomes.ciiem@egasmoniz.edu.pt)
4. Two letters of recommendation and send to [inesgomes.ciiem@egasmoniz.edu.pt](mailto:inesgomes.ciiem@egasmoniz.edu.pt)

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### Article 9

#### Final dispositions

This regulation can be changed by the Egas Moniz Management.