



Laboratory Name	GESA - Grupo de Estudos Sociais Aplicados Applied Social Studies Group	
Main Goals	<p>GESA aims to develop social studies in the research field of health, specially targeted to the community. The main theoretical themes in scope of this research group are: the new cultures of health and well-being, the new social uses of medicines, health literacy and the sources of health information, as well as citizenship in health.</p> <p>GESA promotes interdisciplinary openness - based on its scientific framework within sociological analysis – by integrating different knowledge areas researchers. Another goal is to action partnerships with projects developed in other scientific streams of the CiiEM.</p> <p>The inclusion of students in GESA projects and the creation of scientific and organizational conditions for advanced training in research are also objectives embedded in the activity of this research Group.</p>	

Lab Head	Noémia Lopes, PhD
Group	Senior Researchers Noémia Lopes (PhD) Catarina Egreja (PhD) Liliana Pascueiro (PhD)



Collaborators and Consultants:

Ana Isabel Fernandes (PhD,)

Fernanda de Mesquita (PhD)

Luís Proença (PhD)

**Visiting and Junior
researches**

Visiting research Fellows :

[12/2015 – 02/2016] Ruben Hernandez Duarte
Universidad Nacional Autónoma de México – Facultad de Ciências Politicas y
Sociales

[04/2017 - 07/2017] Danila Carrijo
Universidade Estadual Paulista - Faculdade de Ciências Humanas e Sociais

Junior researchers

Margarida Mascarenhas (LCS Student) 2018-19

Margarida Monereo (LCS Student) 2018-19; 2019-20

Mafalda Santos (LCS Student) 2018-19; 2019-20

Mário Manteigas Abade (Master in Clinical Nutrition) 2019-20; 2020-
21

**Research Projects
(from 2013)**

[2018-2021] “Pharmaceuticals and dietary supplements in performance consumptions: social practices, contexts and literacy”, funded by FCT (PTDC/SOC-SOC/30734/2017)

Institutional partnerships: ISCTE-Instituto Universitário de Lisboa; Egas Moniz e CiiEM (Centro de Investigação Interdisciplinar Egas Moniz-GESA, Grupo de Estudos Sociais Aplicados); UP-Universidade do Porto (Instituto de Sociologia)



Institutional Collaboration: INFARMED – Autoridade Nacional do Medicamento e Produtos de Saúde, IP; ANF- Associação Nacional de Farmácias

Principal Researcher (IR): Noémia Lopes

Funding : 239.974,89

[2020-2020] “ #ESup – A passagem para um modelo de E-learning num contexto de crise pandémica”

Instituições Participantes: CICS.NOVA-Centro Interdisciplinar de Ciências Sociais da NOVA-FCSH; CEACTION/UAL-Centro de Estudos de Arquitetura, Cidade e Território da Universidade Autónoma de Lisboa; GESA/CiiEM - Grupo de Estudos Sociais Aplicados/ Centro de Investigação Interdisciplinar Egas Moniz da Egas Moniz - Cooperativa de Ensino Superior, CRL.

Investigadores (Egas Moniz): Noémia Lopes, Liliana Pascueiro; Luís Gouveia;

[2013-2015] “Psychopharmaceuticalization of old age, ways of life and perceptions of well-being: case study in Almada”, funded by Municipality of Almada and Egas Moniz

Research Unit responsible: CiiEM- Centro de Investigação Interdisciplinar Egas Moniz / GESA- Grupo de Estudos Sociais Aplicados

Principal Researcher (IR): Noémia Lopes

Funding : 22.330,00

[2012-2014] “Therapeutic consumption of performance among young people: trajectories and information networks”, funded by FCT (PTDC/CS-SOC/118073/2010)

Institutional partnerships: ISCTE-Instituto Universitário de Lisboa; Egas Moniz e CiiEM (Centro de Investigação Interdisciplinar Egas Moniz-GESA, Grupo de Estudos Sociais Aplicados);

Principal Researcher (IR): Noémia Lopes

Funding : 131.884,00

Publications (10 most relevant, last 5 years)

Papers in periodics with scientific refereeing



Rodrigues, Carla F.; Lopes, Noémia; Hardon, Anita (2019); “Beyond health: medicines, food supplements, energetics and the commodification of self-performance in Maputo” *Sociology of Health and Illness*; volume 41 issue 6, pp.1005-1022 | DOI: [10.1111/1467-9566.12880](https://doi.org/10.1111/1467-9566.12880) [**Quartil 1**]

Lopes, Noémia; Pegado, E.; Zózimo, J. R. (2017) “Aging and memory medication: social rationales and consumption practices”. *Sociology of Health and Illness*, Volume 39, issue 7, pp.1273-1287 | DOI: [10.1111/1467-9566.12586](https://doi.org/10.1111/1467-9566.12586) [**Quartil 1**]

Pegado Elsa; Lopes, N.; Zózimo, J. (2018); “Pharmaceuticalisation and the social management of sleep in old age”, *Ageing & Society*, vol 38 (8): pp. 1645-1666 | DOI: [10.1017/S0144686X17000241](https://doi.org/10.1017/S0144686X17000241) [**Quartil 1**]

Pegado, E.; Zózimo, J.; Lopes, N. (2016); “Histórias de (uma) vida: desafios e dilemas éticos na investigação com idosos” [Stories of (a) life: ethical challenges and dilemmas in research with the elderly], *Sociologia On-Line*, nº12, pp.5-21

Lopes, Noémia; Clamote, T.; Raposo, H. Pegado, E.; Rodrigues, C. (2015), “Medications, youth therapeutic cultures and performance consumptions: a sociological approach”, *Health (London)* 19: 430-448 DOI: [10.1177/1363459314554317](https://doi.org/10.1177/1363459314554317) [**Quartil 1**]

Lopes, Noémia; Rodrigues, C. (2015), “Medicamentos, consumos de performance e culturas terapêuticas em mudança” [Medications, performance consumptions and changing therapeutic cultures], *Sociologia, Problemas e Práticas*, nº78, pp. 9-28 DOI: [10.7458/SPP2015784018](https://doi.org/10.7458/SPP2015784018) [**Quartil 2**]

Fernandes, A. Isabel; Pegado, E.; Raposo, H.; Clamote, T.; Lopes, N. (2015); “Therapeutic consumption for improved performance. Is there a risk?”, *International Journal of Clinical Pharmacy* nº 37 (2): p.410 (403–425) DOI [10.1007/s11096-015-0080-9](https://doi.org/10.1007/s11096-015-0080-9)

Books & Chapters

Lopes, Noémia (coord.), Joana Zózimo, Joana Ramalho, Elsa Pegado e Paula Pereira (2016), *Geração Sénior de Almada no século XXI: um retrato social*, [Senior Generation of Almada in the 21st Century - A Social Portrait] Lisboa, Deriva Editores. ISBN: [ISBN 978-989-8701](https://doi.org/10.1007/978-989-8701-000-0)



Lopes, Noémia,; Monteiro, Paulo; Zózimo, Joana (2015), “Novas ideologias terapêuticas e de gestão do bem-estar: o caso dos psicofármacos e dos alimentos funcionais” [New therapeutic ideologies and well-being management. The case of psychotropic drugs and functional foods], in Carapinheiro, Graça e Correia, Tiago (orgs.), Novos Temas de Saúde, Novas Questões Sociais . Lisboa: Mundos Sociais ISBN: [978-989-8536-44-0](https://doi.org/10.1007/978-989-8536-44-0)

Lopes, Noémia (2014); Os medicamentos no quotidiano: percepções de risco e práticas sociais. Medications in everyday life: risk perceptions and social practices]In Saúde no Prisma da Sociologia – Olhares Plurais, ed. Leandro, M.Engrácia e Baltazar Monteiro, Viseu: Psicossoma, pp. 235-250 ISBN 978-972-8994-59-4

Veloso, Luisa; Oliveira, Luisa; Freire, João; Lopes, Noémia (2013); Deontological and Methodological Research Questions in Portuguese Sociology of Professions , in Raquel Rego (ed.), The Trend Towards the European Deregulation of Professions and its Impact on Portugal under Crisis, UK : Palgrave Macmillan, pp. 78 – 92. ISBN 978-1-137-35274-3

Equipment/Techniques

Announcements



Some Pictures



Location

Sala D02 – Egas Moniz, CRL - Campus Universitário, Quinta da Granja, 2829 - 511 Monte de Caparica, Almada

Links

<http://ciem.egasmoniz.edu.pt/pt-pt/research/research-labs.aspx>

<http://gesa-ciem.wix.com/gesa-ciem/>

<https://gesa-ciem.wixsite.com/gesa-ciem/observatorio>

OipDEM -

Observatório da Inserção Profissional dos Diplomados da Egas Moniz