

## Invitation – APPCARE final conference

The consortium of the Appropriate Care Pathway (APPCARE) project co-funded by the Health Programme is pleased to invite you to its final conference that will take place on **23<sup>rd</sup> May 2019** and be hosted by the **Committee of the Regions** (Rue Belliard/Belliardstraat 101,1040 Brussels).

This event will be held in collaboration with the Fighting Against Loneliness (FILO) Erasmus funded project, the Veneto Region – Brussels Office and with the support of the following European networks:

- European Network of Social Authorities (ENSA);
- European Local Inclusion and Social Action Network (ELISAN);
- Programma Mattone Internazionale Salute (PRO.M.I.S.);
- Covenant on Demographic Change.

The objective of the day will be to present the results, deployment and findings of the APPCARE project in order to contribute to the promotion of active and healthy aging. In addition, selected EU projects on coordinated health and social care for elderly such as SEFAC (<https://sefacproject.eu/about-sefac/>), EFFICHRONIC (<http://effichronic.eu/>), SCIROCCO EXCHANGE (<https://www.scirocco-project.eu/>) will give their field inputs. Finally, a round table will discuss how findings and recommendations of different projects in the field of Active and Healthy Ageing may be integrated in order to come to a joint statement for policy makers and official stakeholders, in collaboration with the networks PRO.M.I.S, and Covenant on Demographic Change and with the contribution of Council of Europe and the relevant Commission of Committee of the Regions (to be confirmed).

The **APPCARE project** involves Italy, Spain and The Netherlands, and seeks to analyse the ways to reduce hospital admissions, in particular the recurring ones. This can be done through a process of selection of the patients the very moment they enter the emergency room and through adequate local interventions, which could allow to face many health problems without hospitalising, that always represents a stressful and risky situation for the elderly. One of the innovative aspects of the project is the analysis of the efficacy of the insertion of a Brief Intensive Observation in the services network, working as a filter for the hospital admission and as a link with the territory. <https://www.app-care.org/>

The **FILO project** involves Italy, Belgium, Greece, Sweden, the Netherlands and France. It aims to exchange innovative, effective and efficient practices, approaches and methods in alleviating loneliness to improve the skills and competences of students, professionals and volunteers in the field of care and welfare.

Furthermore the FILO project **will offer the possibility to interested stakeholders to participate in local field visits in Roeselare on 22<sup>nd</sup> of May** joining the partnership team. Topic: methods and

tools for effective and efficient interventions to alleviate loneliness. They include the roles of professionals and their skills to carry out interventions in a consistent way and the sharing of vocational training methods and materials. <https://www.rotterdamuas.com/research/projects-and-publications/innovations-in-care/integrated-care/fightingloneliness/project/>

At 18.00 p.m. you are welcome to join us at the networking cocktail organized at the premises of the Veneto Region –Brussels Office (Avenue de Tervueren, 67 – 1040 Brussels).

## General program

### 22<sup>nd</sup> May

Study field visits in Roeselare with FILO consortium.

Topic: alleviating loneliness

**Venue: Dienstencentrum Schiervelde, Schierveldestraat 55+, 8800 Roeselare**

9.00-10.30: good practice presentation

*The network of mental illness will explain their approach about loneliness. They will bring one good example of what works in their department.*

10.30-11.00: SWOT analysis

11.00-11.30: break

11.30-12.30: good practice: “vergeet-me-nietje en telefoonster”

*These are 2 examples of intervention from the local service center to reach people who are lonely. Two interventions that both have a different approach but have the same goal. Vergeet-me-nietje focuses on home visits. The “telefoonster” focuses on telephone calls.*

12.30-13.00: SWOT analysis

Meal at noon (free): Schiervelde

Afternoon: RSL op post, transportation foreseen

14.30 – 15.30: showing the former Roeselare post office reconverted into a social innovation meeting space for citizens plus guided tour

15.30 – 16.00: joint meeting APPCARE and FILO consortium

16.00-16.30: break

16.30 – 17.30: FILO group further work on final EU report.

### 23<sup>rd</sup> May

Final conference APPCARE Project

**Venue: Committee of the Regions, Rue Belliard/Belliardstraat 101,1040 Brussels**

18.00: Networking Cocktail Veneto Region Brussels Office

**Venue: 67 Avenue de Tervueren 1040 Brussels**

## Context note

**APPCARE** and **FILO**: two projects joining forces to seek appropriate care paths for the social inclusion of the senior population.

Society is challenged by a growing number of ageing people that live longer and age in place. This is completely changing the systems of care, determining very critical situations both for the subjects taking advantage from the treatments and for those who provide adequate responses. For this reason, a trustworthy cultural commitment is needed, in order to propose new organized systems which are able to adequately comply with the needs determined by demography and epistemology.

A growing group of elderly is also living alone and not receiving support from family, friends or neighbors. The lack of supportive relationships combined with an increasing need of support leads not only to a decrease in empowerment, but also to an increase of feelings of loneliness.

The final aims of APPCARE and FILO PROJECTS are challenging the social inclusion of the senior population and showing that the great social problem of the frail elderly can be handled as long as innovative methodologies are adopted.

The most important innovation stressed by the APPCARE project is recognizing that on a scientific level a deep modification of the current critical situation is actually possible. Where as in FILO the focus is on paving the way for joint international education programs around loneliness among elderly.

Both APPCARE and FILO projects, in synergy with the invited stakeholders, are working and gathering contributions to the implementation of the Pillar of Social Rights (Health Care and Long Term Care) and for the promotion of active and healthy ageing.

Please register at the following link:

[https://docs.google.com/forms/d/e/1FAIpQLSdPNtegtWfsPQOOH6YIQC\\_olbjGh5TSV-ySDXC\\_mYUm5oj6-Q/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdPNtegtWfsPQOOH6YIQC_olbjGh5TSV-ySDXC_mYUm5oj6-Q/viewform?usp=sf_link)

Registration is free but compulsory. No on-field registration is foreseen.



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